What To Expect From Spas After Receiving the COVID-19 Vaccine

Description

If you are seeking a sanctuary from the rigors of modern life, a trip to a luxury spa can be your escape. And while spa retreats were on hold over the past year, now that the COVID-19 vaccine is widely available, locations are safely welcoming guests back for massages and other indulgent experiences.

While things arenâ??t completely back to the way they were before the pandemic if youâ??ve received the COVID-19 vaccine you can now more safely enjoy a day of relaxation outside your home. Letâ??s talk more in-depth about what you can expect from your spa experience once youâ??re fully vaccinated.

Following Safety Protocols

Even though you have received your COVID-19 vaccine, the CDC still recommends that you take steps to protect yourself and others. The spa will also continue to have safety precautions in place to protect the wellness of the staff and guests. This includes wearing masks, maintaining social distancing when possible, and, of course, continuously cleaning shared spaces.

Continuing to follow safety protocols even after youâ??re vaccinated helps keep everyone at the spa safe and doesnâ??t detract from all the rest and relaxation you expect from the resort oasis.

What About Massages?

Who *doesnâ??t* need a deep tissue massage after the year weâ??ve had? While itâ??s impossible to maintain social distancing guidelines while receiving one, itâ??s much safer once youâ??ve received your vaccine.

For your own comfort and safety, itâ??s best to wait a few days to receive a massage after getting your shot. After all, your arm may be sore and you want to ensure you feel your best while being pampered. Other than that, the massage will feel normal, with you and the masseuse both wearing masks and following safety protocols.

Donâ??t Wait To Relax

After a year of being extremely cautious and not being able to enjoy some of the things you love, the vaccine is like the light at the end of the tunnel.

Now is the time to begin your personal wellness journey and OH! Spa at the Preserve is the perfect place to do so. We place harmony, tranquility, and safety above all to create a personalized experience for each guest to revel in.

Situated on 3,500 acres of New England woodlands, The Preserve Rhode Island Luxury Resorts has created the ultimate spa sanctuary in nature. You will be surrounded by the unique beauty of the northeastern wilderness as you relax and unwind. Whether you receive a massage, facial, or other treatment from our distinct menu, you will have the peace of mind that safety precautions are taken so you can truly let go of the stress of the past year during your stay.

Contact the Preserve today to book your treatment, and make sure to review our other luxurious accommodations, and luxury restaurants and dining services to extend your visit to our resort oasis.